



» GREAT LEADERS

JESS HICKMAN

Jess is a dynamic young professional who has through her two and half year ordeal of torment, empowered herself to become a thought leader and advocate and activist in the area of bullying.

Terms and phrases are established for many reasons, Bullyology is one such term, and Jess Hickman has coined it.

Jess is a direct victim and survivor of bullying.

Her story is an amazing tale that spells out consistent misogyny, extensive harassment, corruption, work place suicide, the subject of extreme mental bullying, emotional and physical intimidation, verbal abuse, hospitalisation and a shocking senior level of management.

Jess had filed 32 reports to upper management about her manager – the HR Manager, the man directly charged with the responsibility of ensuring this behaviour is not tolerated in the workplace.

Darwin's an interesting place, full of interesting people, and for Jess, working at an oil and gas mining company was a decision that changed the course of her life.

Jess was the Culture Lead, her job was to implement best practice in company culture and create great working environments – but instead the torment she was subjected to, caused her to live in fear a lot of the time.

Jess's only mistake was, she was an vibrant, intelligent young woman, working in a misogynistic male dominated environment, and for that, her mental health and general health took a battering for the worse.

Jess was also hospitalised because of her ordeal.

At the time of her employment there was a rise in industry suicides linked to the project. Such was the extent of Jess's guilt, she felt if she left (at the time of her employment) there would be another, leaving no culture support for the workforce or for her company.

But through adversity can grow strength and power, and Jess's power came from her ability to empower herself, and do something, and she did.

Her story is genuinely a fascinating one and she has a very powerful and message to tell.